**April Training Tuesday discussion: suicide prevention**

Join The American Legion on April 25 for a virtual training session on suicide prevention and how to talk about suicide without creating a stigma related to mental health treatment.

The April Training Tuesday session, presented by the Internal Affairs & Membership Division, will welcome U.S. Marine veteran Jason Murrey, an expert in suicide prevention and mental health counseling. Murrey will be sharing his expertise on how to help veterans who are in the moment with acting on suicidal thoughts. As a former suicide prevention trainer in the Marines, Murrey is a prevention specialists for the Indiana Department of Education.

[Click here to join the Training Tuesday session April 25](https://events.teams.microsoft.com/event/0e9317bb-f550-457d-a26f-c484bbdda6ee@dd9d243c-8688-470f-8812-4ceb7ac50b6c) at 6:30 p.m. or visit [legion.org/training/training-tuesdays](https://www.legion.org/training/training-tuesdays).

During this training, Murrey will provide tips on how to get veterans the help they need. You will learn from his firsthand experiences how to provide compassionate support and how to inspire others to “Be the One” to save the life of a veteran. Murrey’s training is in support of The American Legion’s “[Be the One](https://www.legion.org/betheone)” suicide prevention initiative to raise awareness and eliminate the stigma related to mental health treatment.

If you are looking for ways to improve outcomes for those struggling with addiction, behavioral health, homelessness, PTSD, depression or anxiety, join this event for helpful tips from Murrey and be part of the important conversation on how to talk about suicide without creating a stigma.